

Kidding Ourselves The Hidden Power Of Self Deception Joseph T Hallinan

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Kidding Ourselves The Hidden Power

In Kidding Ourselves, Joseph Hallinan offers a nuts-and-bolts look at how this penchant shapes our everyday lives, from the medicines we take to the decisions we make. It shows, for instance, just how much the power of many modern medicines, particularly anti-depressants and painkillers, is largely in our heads.

Kidding Ourselves: The Hidden Power of Self-Deception ...

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Joseph T. Hallinans 2014 book, Kidding Ourselves: The Hidden Power of Self-Deception, covers some of the same ground as his 2009 book Why We Make Mistakes and a few other books I read (two books by David McRaney come to mind). Nonetheless there is new information and insight in this book about that all-too-common trait of humans: self-delusion.

Kidding Ourselves: The Hidden Power of Self-Deception by ...

In Kidding Ourselves, Joseph Hallinan offers a nuts-and-bolts look at how this penchant shapes our everyday lives, from the medicines we take to the decisions we make. It shows, for instance, just how much the power of many modern medicines, particularly anti-depressants and painkillers, is largely in our heads.

Kidding Ourselves: The Hidden Power of Self-Deception by ...

Kidding Ourselves: The Hidden Power of Self-Deception Audible Audiobook – Unabridged. Joseph T. Hallinan (Author), Brian Hutchison (Narrator), Recorded Books (Publisher) & 0 more. 3.8 out of 5 stars 34 ratings.

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decisions we make. It shows, for instance, just how much the power of many modern medicines, particularly anti-depressants and painkillers, is largely in our heads.

Kidding Ourselves by Hallinan, Joseph T. (ebook)

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Kidding ourselves : the hidden power of Self-Deception ...

Praise For Kidding Ourselves: The Hidden Power of Self-Deception ... "In this brilliant and delightful expose of recent psychological research, Hallinan reveals that self-deception is also a potent drug for boosting hope, confidence, and creativity.

Kidding Ourselves: The Hidden Power of Self-Deception ...

Kidding Ourselves The hidden power of self-deception Joseph T. Hallinan is a Pulitzer Prize-winning writer and author of Kidding Ourselves: The Hidden Power of Self-Deception.

Kidding Ourselves | Psychology Today

Kidding Ourselves: The Hidden Power of Self-Deception. Joseph T. Hallinan. Crown, \$25 (304p) ISBN 978-0-385-34868-3. It can be difficult to believe how vastly different our own view of reality can...

Kidding Ourselves: The Hidden Power of Self-Deception

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In Kidding Ourselves, Joseph Hallinan offers a nuts-and-bolts look at how this penchant shapes our everyday lives, from the medicines we take to the decisions we make. It shows, for instance, just how much the power of many modern medicines, particularly anti-depressants and painkillers, is

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largely in our heads.

Kidding Ourselves on Apple Books

This is the thesis of Joseph T. Hallinan's new book *Kidding Ourselves: The Hidden Power of Self-deception*. Like other books that remind us that we are what we think, *Kidding Ourselves* explores the territory of our mind's self-deception or delusions.

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