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Simon Yeo The Secret Art

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Ninjutsu: The Secret Art of the Ninja by Simon Yeo

Simon Yeo has trained in martial arts for more than 30 years and has practiced Judo, Kyokushin Karate, Tai Chi, Pk Mei King Fu, Tae Kwon Do, traditional Jiu Jitsu, and Brazilian Jiu Jitsu. He has studied Bujinkan Ninjutsu under the Ninja Grand Master, Masaaki Hatsumi, and holds a 10th degree black belt in this art.

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Ninjutsu : The Secret Art of the Ninja, Paperback by Yeo, Simon, ISBN 1861269382, ISBN-13 9781861269386, Brand New, Free shipping in the US Covers various aspects of Ninjutsu, including the hidden details within the Ninjutsu forms.

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Ninjutsu | Covering all aspects of the art of Ninjutsu, this book reveals the secrets of how to develop power through body movement and how to effectively remove an opponent's balance. A wide-ranging introduction looks at the history of Ninjutsu, as well as mental and physical attitude. Featuring additional subjects such as straining advice and pressure points, this essential guidebook will promote ...

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The last part of the book deals with pressure points and training tips and advice to those studying Ninjutsu. About the Author. Simon Yeo has been training in martial arts since 1974 and has practised Judo, Kyokushin Karate, Tai Chi and Pk Mei King Fu, Tae Kwon Do, traditional Jiu Jitsu and Brazilian Jiu Jitsu.

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Ninjutsu: The Secret Art Of The Ninja By Simon Yeo

The instructor is Simon Yeo who holds a 15th degree Black belt in Bujinkan Ninjutsu and a Roger Gracie Black belt in Gracie Jiu-Jitsu (BJJ). He has trained in many martial arts including Judo, Kyokoshinkai Karate, Kung-Fu and Tae Kwon Do since 1973. Simon Yeo has travelled around the world extensively since 1990 to train with Japanese Grand Master Masaaki Hatsumi, seeing him three to four times a year.

INSTRUCTOR

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